

Course Schedule

When: June 1, 2, 3, 6, 7, 8, 9 and 10th, 2011

Where: Southeast Job Link

Times: 8:00 a.m.—5:00 p.m. each day

Cost: \$50.00

Credit: 1/2 Elective Credit available for
Yankton High School students

(Some assistance may be available to cover the
cost based on family income and situation)



Mental Health Care and Careers in Our Community

*A program to raise awareness
and explore careers!*



**SOUTHEAST JOB LINK, INC.
AND
YANKTON AREA
MENTAL WELLNESS, INC.**



"Caring for Self... Caring for Community"

SOUTHEAST JOB LINK

1200 West 21st Street
Yankton, SD 57078

Phone: 605-668-3480
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www.southeastjoblink.org



Mental Health Care and Careers in Our Community

EMPLOYMENT OPPORTUNITIES FOR MENTAL HEALTH COUNSELORS ARE EXPECTED TO GROW BY 24%, WHILE SOCIAL WORKERS SHOULD SEE 16% JOB GROWTH IN THE COMING YEARS.

** Bureau of Labor Statistics*

In order to make good career decisions, you must explore and investigate many careers. Some advantages of career exploration include:

- Understanding the work environments of interesting careers;
- Exposure to careers you may have never considered;
- Discovering the various types of post-high school education and training.

Career exploration begins with the awareness that different occupations exist. There are two ways to explore careers; one is to investigate and the other is to experience. You should engage in both.

Exploring Mental Health

Southeast Job Link and Yankton Area Mental Wellness, Inc. have partnered to increase understanding and awareness of mental illness through an innovative educational program offered to high school students.

MENTAL DISORDERS ARE COMMON IN THE UNITED STATES AND INTERNATIONALLY. AN ESTIMATED 26.2% OF AMERICANS AGES 18 AND OLDER (ABOUT 1 IN 4) SUFFER FROM A DIAGNOSABLE MENTAL DISORDER IN A GIVEN YEAR.

**Archives of General Psychiatry, 2005*



Yankton High School students can also earn a 1/2 elective credit towards their High School graduation requirements for successful completion of this course.

Course includes:

- Introduction to Psychology
- Confidentiality Training
- Presentations by Area Professionals
- Panel Discussions
- Tours
- Poster Presentations
- Journal Writing
- Career Research Projects
- Attendance at Mental Wellness Conference
- Group Activities
- Open House
- Media Presentations
- Mental Health Conditions
- Treatment Service Providers

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